



ENERGY STAR CERTIFIED Computers (Bold)

Apple - MacBook Pro 14-inch : Z17J

Specifications

ENERGY STAR Unique ID:	2407387
Brand Name:	Apple
Model Name:	MacBook Pro 14-inch
Model Number:	Z17J
Type:	Notebook
Category 1: Base Processor Speed Per Core (GHz):	3.2
Category 1: Physical CPU Cores (count):	10
Category 1: System Memory (GB):	96
Category 1: Default Low-power Mode:	Sleep Mode
Category 1: Long Idle Power Used for Sleep Mode:	No
Category 1: Off Mode (watts):	0.1
Category 1: Sleep Mode (watts):	0.4
Category 1: Long Idle (watts):	1.1
Category 1: Short Idle (watts):	4.4
Category 1: Base TEC Allowance (kWh):	14
Category 1: Functional Adder Allowances (kWh):	47.6
Category 1: TEC of Model (kWh):	13.9
Ethernet Capability:	No
Touch Screen:	No
Date Available On Market:	2023-01-17
Date Certified:	2022-11-30
Markets:	United States, Switzerland, Taiwan, Japan, Canada
ENERGY STAR Certified:	Yes

Additional Model Information

MacBook Pro 14-inch,A2779;; MacBook Pro 14-inch,MPHE3;; MacBook Pro 14-inch,MPHF3;; MacBook Pro 14-inch,MPHG3;; MacBook Pro 14-inch,MPHH3;; MacBook Pro 14-inch,MPHJ3;; MacBook Pro 14-inch,MPHK3;; MacBook Pro 14-inch,Z17G;; MacBook Pro 14-inch,Z17H;; MacBook Pro 14-inch,Z17K;; MacBook Pro 14-inch,Z17L;; MacBook Pro 14-inch,Z17L;; MacBook Pro 14-inch,Z17M,

UPC Codes	194253317791, 194253317975, 194253318248, 194253318422, 194253318699, 194253318873, 194253319146, 194253319320, 194253319597, 194253319771, 194253320043, 194253320227, 194253320548, 194253320623, 194253320777, 194253320852
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Captured On:

06/17/2025