



ENERGY STAR CERTIFIED

**Computers (Bold)**

## Lenovo - ThinkBook 14 G7 IML : ThinkBook 14 G7 IML

## Specifications

ENERGY STAR Unique ID:	3360839
Brand Name:	Lenovo
Model Name:	ThinkBook 14 G7 IML
Model Number:	ThinkBook 14 G7 IML
Type:	Notebook
Category 2: Processor Brand:	Intel
Category 2: Processor Name:	Core Ultra 7 155H
Category 2: Base Processor Speed Per Core (GHz):	1.4
Category 2: Physical CPU Cores (count):	16
Category 2: System Memory (GB):	32
Category 2: Default Low-power Mode:	ALPM
Category 2: Long Idle Power Used for Sleep Mode:	No
Category 2: Off Mode (watts):	0.5
Category 2: Sleep Mode (watts):	1.8
Category 2: Long Idle (watts):	1.8
Category 2: Short Idle (watts):	6.8
Category 2: Base TEC Allowance (kWh):	14
Category 2: Functional Adder Allowances (kWh):	23.1
Category 2: TEC of Model (kWh):	26.0
Notebooks, Desktops, Integrated Computers, Slate/Tablets, Two-in-one Notebooks, and Portable All-in-ones Category for TEC (Typical Energy Consumption) Criteria:	2
Category 2: Operating System Name:	Windows 11
Sleep Mode Default Time Upon Shipment (min.):	5
Display Sleep Mode Default Time Upon Shipment (min.):	3
WOL (Wake on LAN) From Sleep:	Shipped Disabled
Will the Speed of Any Active 1 GB/s or Higher Ethernet Network Links be Reduced to Less Than 1 GB/s When Transitioning to Sleep or Off Mode?:	Yes
Ethernet Capability:	Yes

Touch Screen:	Yes
Date Available On Market:	2024-02-19
Date Certified:	2024-01-11
Markets:	United States, Switzerland, Taiwan, Japan, Canada
ENERGY STAR Certified:	Yes

## Additional Model Information

K14 G3 IMU,K14 G3 IMU;; Lenovo X5-14 IML,Lenovo X5-14 IML;; ZhaoYang X5-14 IML,ZhaoYang X5-14 IML,

Captured On:  
07/18/2025