



# ENERGY STAR CERTIFIED Computers (Bold)

## Apple - MacBook Pro 16-inch (M4 Max) : A3186

| Specifications   |                              |
|--|------------------------------|
| ENERGY STAR Unique ID:   | 3722039                      |
| Brand Name:  | Apple                        |
| Model Name:  | MacBook Pro 16-inch (M4 Max) |
| Model Number:  | A3186                        |
| Type:  | Notebook                     |
| Category 2: Processor Brand:   | Other                        |
| Category 2: Base Processor Speed Per Core (GHz):   | 3.9                          |
| Category 2: Physical CPU Cores (count):  | 14                           |
| Category 2: System Memory (GB):  | 36                           |
| Category 2: Off Mode (watts):  | 0.2                          |
| Category 2: Sleep Mode (watts):  | 0.5                          |
| Category 2: Long Idle (watts):   | 2.9                          |
| Category 2: Short Idle (watts):  | 7.5                          |
| Category 2: Base TEC Allowance (kWh):  | 14                           |
| Category 2: Functional Adder Allowances (kWh):   | 35.0                         |
| Category 2: TEC of Model (kWh):  | 24.1                         |
| Notebooks, Desktops, Integrated Computers, Slate/Tablets, Two-in-one Notebooks, and Portable All-in-ones Category for TEC (Typical Energy Consumption) Criteria: | 2                            |
| Ethernet Capability:   | No                           |
| Touch Screen:  | Yes                          |
| Date Available On Market:  | 2024-10-30                   |
| Date Certified:  | 2024-09-26                   |
| Markets:   | United States                |
| ENERGY STAR Certified:   | Yes                          |

| Additional Model Information |  |
|------------------------------|--|
| ,MX2V3,,MX303,               |  |

Captured On:  
06/17/2025