



ENERGY STAR CERTIFIED

**Computers (Bold)**

## Apple - MacBook Pro 14-inch : MPHE3

## Specifications

|                                                  |                                                   |
|--------------------------------------------------|---------------------------------------------------|
| ENERGY STAR Unique ID:                           | 3814701                                           |
| Brand Name:                                      | Apple                                             |
| Model Name:                                      | MacBook Pro 14-inch                               |
| Model Number:                                    | MPHE3                                             |
| Type:                                            | Notebook                                          |
| Category 1: Processor Brand:                     | Other                                             |
| Category 1: Base Processor Speed Per Core (GHz): | 3.2                                               |
| Category 1: Physical CPU Cores (count):          | 8                                                 |
| Category 1: System Memory (GB):                  | 16                                                |
| Category 1: Default Low-power Mode:              | Sleep Mode                                        |
| Category 1: Long Idle Power Used for Sleep Mode: | No                                                |
| Category 1: Off Mode (watts):                    | 0.1                                               |
| Category 1: Sleep Mode (watts):                  | 0.2                                               |
| Category 1: Long Idle (watts):                   | 0.9                                               |
| Category 1: Short Idle (watts):                  | 4.1                                               |
| Category 1: Base TEC Allowance (kWh):            | 14                                                |
| Category 1: Functional Adder Allowances (kWh):   | 24.1                                              |
| Category 1: TEC of Model (kWh):                  | 12.7                                              |
| Category 1: Operating System Name:               | Mac OS X                                          |
| Ethernet Capability:                             | No                                                |
| Touch Screen:                                    | No                                                |
| Date Available On Market:                        | 2023-01-17                                        |
| Date Certified:                                  | 2022-11-30                                        |
| Markets:                                         | United States, Switzerland, Taiwan, Japan, Canada |
| ENERGY STAR Certified:                           | Yes                                               |

## Additional Model Information

MacBook Pro 14-inch,MPHH3,

|           |                                                                                                                                                                                                                                |
|-----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| UPC Codes | 194253317791, 194253317975, 194253318248, 194253318422, 194253318699, 194253318873, 194253319146, 194253319320, 194253319597, 194253319771, 194253320043, 194253320227, 194253320548, 194253320623, 194253320777, 194253320852 |
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**Captured On:**  
05/01/2025