



ENERGY STAR CERTIFIED Computers (Bold)

Apple - MacBook Pro 14-inch (M3 Pro or M3 Max) : MRX63

Specifications	
ENERGY STAR Unique ID:	3814706
Brand Name:	Apple
Model Name:	MacBook Pro 14-inch (M3 Pro or M3 Max)
Model Number:	MRX63
Type:	Notebook
Category 2: Processor Brand:	Other
Category 2: Processor Name:	M3 Pro
Category 2: Base Processor Speed Per Core (GHz):	3.6
Category 2: Physical CPU Cores (count):	11
Category 2: System Memory (GB):	18
Category 2: Default Low-power Mode:	Sleep Mode
Category 2: Long Idle Power Used for Sleep Mode:	No
Category 2: Off Mode (watts):	0.1
Category 2: Sleep Mode (watts):	0.3
Category 2: Long Idle (watts):	0.9
Category 2: Short Idle (watts):	4.1
Category 2: Base TEC Allowance (kWh):	14
Category 2: Functional Adder Allowances (kWh):	24.7
Category 2: TEC of Model (kWh):	12.5
Category 2: Operating System Name:	MacOS
Ethernet Capability:	No
Touch Screen:	No
Date Available On Market:	2023-10-30
Date Certified:	2023-10-02
Markets:	United States, Switzerland, Taiwan, Japan, Canada
ENERGY STAR Certified:	Yes

Additional Model Information	
MacBook Pro 14-inch (M3 Pro or M3 Max),MRX33,	
UPC Codes	195949000034, 195949000065, 195949076480, 195949077807

Captured On:

07/19/2025