



ENERGY STAR CERTIFIED Computers (Bold)

Lenovo - Yoga Pro 7 14ASP10 : Yoga Pro 7 14ASP10

Specifications	
ENERGY STAR Unique ID:	3892462
Brand Name:	Lenovo
Model Name:	Yoga Pro 7 14ASP10
Model Number:	Yoga Pro 7 14ASP10
Type:	Notebook
Category 2: Processor Brand:	AMD
Category 2: Processor Name:	Ryzen AI 9 365
Category 2: Base Processor Speed Per Core (GHz):	2.0
Category 2: Physical CPU Cores (count):	10
Category 2: System Memory (GB):	32
Category 2: Default Low-power Mode:	ALPM
Category 2: Long Idle Power Used for Sleep Mode:	No
Category 2: Off Mode (watts):	0.2
Category 2: Sleep Mode (watts):	0.5
Category 2: Long Idle (watts):	0.5
Category 2: Short Idle (watts):	9.5
Category 2: Base TEC Allowance (kWh):	14
Category 2: Functional Adder Allowances (kWh):	31.2
Category 2: TEC of Model (kWh):	23.6
Notebooks, Desktops, Integrated Computers, Slate/Tablets, Two-in-one Notebooks, and Portable All-in-ones Category for TEC (Typical Energy Consumption) Criteria:	2
Category 2: Operating System Name:	Windows 11
Sleep Mode Default Time Upon Shipment (min.):	5
Display Sleep Mode Default Time Upon Shipment (min.):	5
Ethernet Capability:	No
Touch Screen:	Yes
Date Available On Market:	2025-03-10
Date Certified:	2024-12-30
Markets:	United States, Switzerland, Taiwan, Japan, Canada

ENERGY STAR Certified:	Yes
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Additional Model Information
YOGA Pro 14 ASP10,YOGA Pro 14 ASP10,

Captured On:
07/18/2025