



ENERGY STAR CERTIFIED Computers

Lenovo - ThinkBook 16 G7 IML : ThinkBook 16 G7 IML

| Specifications | |
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| ENERGY STAR Unique ID: | 3354794 |
| Brand Name: | Lenovo |
| Model Name: | ThinkBook 16 G7 IML |
| Model Number: | ThinkBook 16 G7 IML |
| Type: | Notebook |
| Category 2: Processor Brand: | Intel |
| Category 2: Processor Name: | Core Ultra 7 155H |
| Category 2: Base Processor Speed Per Core (GHz): | 1.4 |
| Category 2: Physical CPU Cores (count): | 16 |
| Category 2: System Memory (GB): | 32 |
| Category 2: Default Low-power Mode: | ALPM |
| Category 2: Long Idle Power Used for Sleep Mode: | No |
| Category 2: Off Mode (watts): | 0.4 |
| Category 2: Sleep Mode (watts): | 0.6 |
| Category 2: Long Idle (watts): | 0.6 |
| Category 2: Short Idle (watts): | 6.4 |
| Category 2: Base TEC Allowance (kWh): | 14 |
| Category 2: Functional Adder Allowances (kWh): | 22.4 |
| Category 2: TEC of Model (kWh): | 20.1 |
| Notebooks, Desktops, Integrated Computers, Slate/Tablets, Two-in-one Notebooks, and Portable All-in-ones Category for TEC (Typical Energy Consumption) Criteria: | 2 |
| Category 2: Operating System Name: | Windows 11 Pro |
| Sleep Mode Default Time Upon Shipment (min.): | 5 |
| Display Sleep Mode Default Time Upon Shipment (min.): | 5 |
| WOL (Wake on LAN) From Sleep: | Shipped Disabled |
| Will the Speed of Any Active 1 GB/s or Higher Ethernet Network Links be Reduced to Less Than 1 GB/s When Transitioning to Sleep or Off Mode?: | Yes |
| Ethernet Capability: | Yes |

| | |
|---------------------------|---|
| Touch Screen: | Yes |
| Date Available On Market: | 2024-02-19 |
| Date Certified: | 2024-01-18 |
| Markets: | United States, Switzerland, Taiwan, Japan, Canada |
| ENERGY STAR Certified: | Yes |

Additional Model Information

ZhaoYang X5-16 IML,ZhaoYang X5-16 IML,

Captured On:
04/29/2025