



ENERGY STAR CERTIFIED Computers

VAIO - VWTC7M144B : VWTC7M144B

Specifications	
ENERGY STAR Unique ID:	3892069
Brand Name:	VAIO
Model Name:	VWTC7M144B
Model Number:	VWTC7M144B
Type:	Notebook
Category 2: Processor Brand:	Intel
Category 2: Processor Name:	Core Ultra 7 155h
Category 2: Base Processor Speed Per Core (GHz):	3.8
Category 2: Physical CPU Cores (count):	16
Category 2: System Memory (GB):	32
Category 2: Default Low-power Mode:	Sleep Mode
Category 2: Long Idle Power Used for Sleep Mode:	No
Category 2: Off Mode (watts):	0.8
Category 2: Sleep Mode (watts):	1.5
Category 2: Long Idle (watts):	3.7
Category 2: Short Idle (watts):	5.9
Category 2: Base TEC Allowance (kWh):	14
Category 2: Functional Adder Allowances (kWh):	23.1
Category 2: TEC of Model (kWh):	25.2
Notebooks, Desktops, Integrated Computers, Slate/Tablets, Two-in-one Notebooks, and Portable All-in-ones Category for TEC (Typical Energy Consumption) Criteria:	2
Category 2: Operating System Name:	Windows 11
Sleep Mode Default Time Upon Shipment (min.):	5
Display Sleep Mode Default Time Upon Shipment (min.):	3
WOL (Wake on LAN) From Sleep:	Shipped Disabled
Will the Speed of Any Active 1 GB/s or Higher Ethernet Network Links be Reduced to Less Than 1 GB/s When Transitioning to Sleep or Off Mode?:	Yes
Ethernet Capability:	Yes

Touch Screen:	No
Date Available On Market:	2024-09-30
Date Certified:	2024-12-24
Markets:	United States, Switzerland, Taiwan, Japan, Canada
ENERGY STAR Certified:	Yes

Additional Model Information

VWNC3A14*****, VWNC5A14*****, VWTC7M14*****, VWTC5M14*****, VWTC5L14*****, VWTC7L14*****,VWNC3A14***
, VWNC5A14***, VWTC7M14*****, VWTC5M14*****, VWTC5L14*****, VWTC7L14*****,The "*" in the model can be 0
to 9, A to Z, a to z, "-" or blank

UPC Codes	827396551738
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Captured On:
04/30/2025