



ENERGY STAR CERTIFIED Computers

VAIO - VWTC7M144B : VWTC7M144B

Specifications

| | |
|--|-------------------|
| ENERGY STAR Unique ID: | 3892069 |
| Brand Name: | VAIO |
| Model Name: | VWTC7M144B |
| Model Number: | VWTC7M144B |
| Type: | Notebook |
| Category 2: Processor Brand: | Intel |
| Category 2: Processor Name: | Core Ultra 7 155h |
| Category 2: Base Processor Speed Per Core (GHz): | 3.8 |
| Category 2: Physical CPU Cores (count): | 16 |
| Category 2: System Memory (GB): | 32 |
| Category 2: Default Low-power Mode: | Sleep Mode |
| Category 2: Long Idle Power Used for Sleep Mode: | No |
| Category 2: Off Mode (watts): | 0.8 |
| Category 2: Sleep Mode (watts): | 1.5 |
| Category 2: Long Idle (watts): | 3.7 |
| Category 2: Short Idle (watts): | 5.9 |
| Category 2: Base TEC Allowance (kWh): | 14 |
| Category 2: Functional Adder Allowances (kWh): | 23.1 |
| Category 2: TEC of Model (kWh): | 25.2 |
| Notebooks, Desktops, Integrated Computers, Slate/Tablets, Two-in-one Notebooks, and Portable All-in-ones Category for TEC (Typical Energy Consumption) Criteria: | 2 |
| Category 2: Operating System Name: | Windows 11 |
| Sleep Mode Default Time Upon Shipment (min.): | 5 |
| Display Sleep Mode Default Time Upon Shipment (min.): | 3 |
| WOL (Wake on LAN) From Sleep: | Shipped Disabled |
| Will the Speed of Any Active 1 GB/s or Higher Ethernet Network Links be Reduced to Less Than 1 GB/s When Transitioning to Sleep or Off Mode?: | Yes |
| Ethernet Capability: | Yes |

| | |
|---------------------------|---|
| Touch Screen: | No |
| Date Available On Market: | 2024-09-30 |
| Date Certified: | 2024-12-24 |
| Markets: | United States, Switzerland, Taiwan, Japan, Canada |
| ENERGY STAR Certified: | Yes |

Additional Model Information

VWNC3A14*****, VWNC5A14*****, VWTC7M14*****, VWTC5M14*****, VWTC5L14*****, VWTC7L14*****,VWNC3A14***
, VWNC5A14***, VWTC7M14*****, VWTC5M14*****, VWTC5L14*****, VWTC7L14*****,The "*" in the model can be 0
to 9, A to Z, a to z, "-" or blank

| | |
|-----------|--------------|
| UPC Codes | 827396551738 |
|-----------|--------------|

Captured On:
04/30/2025